

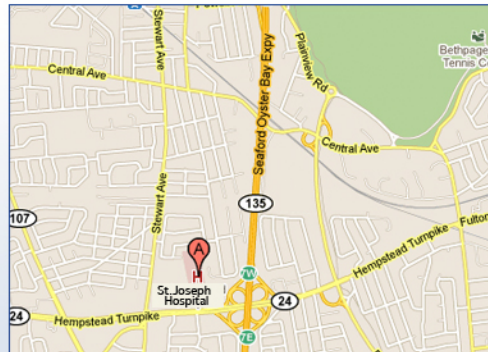
## DO YOU EXPERIENCE ANY OF THE FOLLOWING?

- Dizziness or difficulty getting up from a chair or out of bed?
- Loss of balance when standing still?
- The need to look for support or grab on to something when moving around?
- Difficulty judging distances when walking?
- Unsteadiness or loss of balance while walking?
- A spinning sensation while lying in bed?
- Fear of falling when walking?
- Do you use an assistive device?
- Have you fallen more than once in the last year?
- Balance deficits due to stroke, Parkinson's or other neurologic conditions?
- Dizziness caused by sudden changes in position such as bending down, tilting your head or quickly turning.
- Achilles Tendonitis, Arthritis, Plantar Fasciitis, Acute /Chronic Ankle Sprain or foot pain that persists after injections, orthotics, medication or surgery

If you have answered "yes" to any of the above questions, you may be at risk for a fall and may be a candidate for Balance Testing and Vestibular or Foot Physical Therapy.



- ### OUTPATIENT DEPARTMENTS
- EMERGENCY DEPARTMENT
  - AMBULATORY SURGERY UNIT
  - ENDOSCOPY UNIT
  - GASTROENTEROLOGY SERVICES
  - SPEECH, SWALLOWING & VOICE DISORDERS
  - HYPERBARIC & WOUND HEALING
  - SLEEP MEDICINE
  - BALANCE CENTER
  - FOOT PHYSICAL THERAPY
  - DIABETES EDUCATION
  - RADIOLOGY SERVICES



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## BALANCE CENTER

OUTPATIENT BALANCE TESTING  
BALANCE/VESTIBULAR  
& FOOT PHYSICAL THERAPY

